



# A.V.College of Arts,Science & Commerce

## Best Practices

### Best Practice-I

#### TITLE OF THE PRACTICE: Assistance for Neighbourhood

**Objectives of the practice:** Assistance for neighborhood is a distinct policy for the betterment of the society & acquisition of life skills, which has been initiated as a practice that paves way for sustainable development in the field of education.

A.V. College Assistance for Neighborhood AVAN aimed at

- Conducting a health survey in the neighborhood slums, creates awareness in tackling the root causes of any disease by eliminating the hazardous agents and following an appropriate dietary plan.
- Educates the young girls and women on self care by helping them formulate good habits to have a healthy family life.
- Upgrading the senior citizens with modern technology, educating them to be organ donors and to be independent in all aspects.
- Enable students to acquire needed life skills for survival, by helping them to be grounded to their professions through these allied skills.
- **The Context :** A.V.college has always believed in serving the society, which is exemplified by the initiative; it has taken provision in the campus on every third Sunday, to educate senior citizens on all fronts.
- It has teamed up with an American established foundation named 'Elders World', and through a few agencies trains and guides the elderly.
- This exposure provides students a hands-on experience and motivates them to make a keen study on the problems of the society.
- Most of the health issues are self-inflicted because of imprudent lifestyle choices and this can be corrected.
- Students get a chance to apply their subject through experiential learning, interact with people and adhere to certain societal norms and lead a productive life.
- **The Practice:** It is an approach undertaken to educate students through community survey program. It can be very challenging for students to learn from outside the classroom.
- Students on a first-hand basis are briefed about the challenges people face in the slums and are trained to suggest what precautionary measures they have to take.

- College has successfully managed to dispose of the solid and E-waste management. To its credit it has become a plastic free campus and a paperless office as most of the official correspondence is done through the electronic devices
- Telangana Government's pet projects like van mahotsav & Haritha Haram a celebration of trees is done by the distribution of plants to staff and students.  
Adding to this the college also has introduced the concept of students adopting plants in the college campus.  
Organic farming, an eco-friendly practice has also been initiated.
- The senior citizens spend a complete day in the premises of A.V.College every third Sunday, the routine medical check-up-Diabetes, Blood pressure, eyesight are done in the campus.
- It also helps them to take part in many games, the Elders world also provides them free training in modern technology-helping them use mobile banking, whatsapp, and placing an order.
- The students worked with health care workers and plan to provide health and psychological counselling.
- WEC in collaboration with the Psychology department has proposed to take up counselling for the students on a regular basis.
- An initiative to adopt a school and extend education to the students of government schools.

**Evidence of success:**

Lucrative positions are created in the society for students who choose to serve the communities and most of our students are equipped with health care Education.

- Distribution of plants to staff and students has promoted a green living environment in the college and also in the community .

The concept of students adopting plants in the college campus has made them more responsible towards the premises by safeguarding nature.

Google classrooms have been introduced and students are asked to solve the problems, submit homeworks classworks and assignments in their respective groups making the paperless correspondence possible

**Problems Encountered:** It seemed quite difficult to give the college premises for the senior citizens as there is a lack of manpower to provide for their needs in the college.

Due to Covid-19 Organic farming was not possible as it required the presence of teaching ,non teaching staff and students to make it possible.

WEC and Psychology couldn't have counselling sessions as the vacation prolonged and staff and students got very little time to interact with one another.

However they have come up with a new approach which will be implemented from next year.

Though the students and staff had paperless official correspondence, training them online was a huge task.

## **Best practice - II**

### **Title of the Practice: Women Empowerment & Gender Sensitization**

The Women Empowerment & Gender Sensitization Committee works to create power in the girl students. The committee believes that students are empowered when they are able to access opportunities in a variety of fields such as in education, profession, lifestyle, etc. Enable them to live a happy, healthy and respectable life in a society. In order to reach the intended purpose students are facilitated to participate in awareness campaigns, webinars, Open mic, Interactive sessions, Survey, workshops and online competitions.

#### **Objectives of the practice:**

- Majorly the committee programs were categorized under safety and security of students, gender equity and gender sensitization
- Malala has become a symbol today for young teens. Malala spent a life fighting for the right to education.
- Competitions in other colleges give students an opportunity to express their emotions.
- Women's Equality Day is observed to mark women's advancements toward equality with men.
- International Survey on Gender Inequalities throws light on gender inequalities prevalent in the 21st century.
- E-Photography enables participants to recognize, identify gender roles.
- Beti bachao beti padhao awareness campaigns to address issues like women empowerment, removal of gender inequality to protect a girl child.

#### **The Context:**

The institution witnessed an increase in girl student's admission. Majority of them hail from rural backgrounds. Inequality and women harassment is a social stigma. The Women Empowerment Committee is aiming at empowering and orienting women to recognize their true potential and to help them meet their own stand in a competing world. Its goal is the holistic development of women in all the spheres of their life.

- To improve their skills in communication.

- Building self-confidence, enabling them to speak on extempore topics.
- Creating opportunities for girl students to participate actively in curricular and co-curricular activities.
- Offering health and safety guidance.
- Enabling girls to understand the need for self-defense techniques.

**Practice:**

The institution has organized and conducted various programs under this committee with true spirit and dedication listed below.

*Malala Day 12th July 2020 National level Quiz*

On an individual level, education opens the doors to improved prospects for employment and financial independence. On a social level, education helps to ensure economic development as well as political and social stability. According to UNICEF, "...girls' education has proven to be one of the most cost-effective strategies to promote development and economic growth." Malala's actions gained outside community support and contributed to shaping a larger platform for universal access to education.

*Beti Bachvao Beti Padhvaao 07<sup>TH</sup> Jan 2020- 'Let There Be Light'*

Awareness programs on the event of Beti Bachvao beti padhvaao would initiate 'breaking stereotypes', encourage female literacy, make girls aware of government policies which help to progress in life. If we educate a girl it is equal to educating a village.

*Women Equality Day 26<sup>TH</sup> Aug 2020. 'International Virtual talk.'*

Most Indian women, with the possibility of economic independence, through respectable employment, have become an important earning member of the family. An educated woman has the skills, the self-confidence and the power to be a better citizen. Women have all the power and capacity as that of men and they are manifesting themselves amongst different opportunities provided through higher education.

*JCI EXCEL Star Speaker 2019*

The competition paved the way to bring out time management, decision making skills in students.

Critical thinking and analysis will make the children better members of society. To educate someone is to deliberately teach them something new and higher education for women is the most powerful means to evolve through/beyond the current economic and social crisis in India and to teach her children the art of thinking and analysis before entering the school for education.

*Lakme Certificate Course Orientation Sep 2019*

This program built their confidence and enriched their empowering skills.

One of the most significant transformations in education in India over the past several decades is the drastic increase in women's access to colleges and universities.

**Evidence of Success:**

- The percentage of **male** students and staff participation has increased.
- Lakme orientation was attended by almost **6** different college students.
- 2 Vending machines and 6 bins were successfully installed in women waiting rooms.
- The online Malala Day National level Quiz witnessed a huge response of **1167 participants**.
- The committee pioneered the International virtual talk during the Covid19 pandemic situation.
- The survey on Women Inequality included participants from **India and the USA**.

**Problems Encountered and Resources Required:**

- Initially faced objection by few students for the Lakme certificate course orientation program.
- During online events members and students faced technical glitches.
- The committee intended to collaborate and sign MoU with other colleges but due to Covid 19 it was not possible